

June 2024

Education and Resource Update



Upcoming In-Person Support and Education Opportunities

For more information or to register for any of the following programs, contact Melanie Williams at meawilliams@alz.org

New or one-time Alzheimer's Association programs:

- June 12 6:30 - 7:30pm 10 Warning Signs, Clancy Red School House, Clancy
- June 20 1:30 - 2:30 ABAM (Alzheimer's and Brain Awareness Month) Presentation, Touchmark, Helena
- June 25 8:30 - 9 am Living with Alzheimer's Late Stage, Senior Solutions Inc., Butte, staff in-service
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On-going Alzheimer's Association Support Groups and Engagement Programs:

- June 4 1 - 2 pm Dillon Caregiver Support Group, 1000 State Hwy 91 S.
- June 12 4:30 - 6 pm Havre Support Group, Hill County Library
- June 21 10:30 am - noon Connections at the Art Museum,
 - Yellowstone Art Museum, Billings
- June 26 4:30 - 6 pm Havre Support Group, Hill County Library

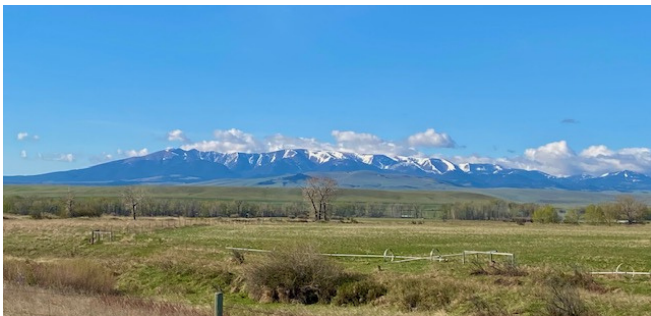


Partner's Events and Programs:

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- Great Falls Memory Cafe, Great Falls Public Library, June 4, 12:30 - 2:00 pm
- Butte Memory Cafe, Butte-Silver Bow Public Library June 13, 10:30 - noon
- Missoula Memory Cafe, Missoula Public Library June 11, 2:00 - 3:30 pm
- Dementia Friendly Missoula, Missoula Aging Services Garden Room (available via zoom), June 19, 3:00 - 4:30 pm
- The Springs at Butte Support Group (Community of Caring), June 18, 5:00 - 6:00 pm
- Memory Loss Conversations support group for people living with earlier stages of memory loss. Meets via Zoom. People from across Montana are welcome. Call Missoula Aging Services (406) 728-7682, Thursdays, 9:45 -11:15 am
- General Caregiver Support Group - registration required on the Missoula Aging Services website, 2nd Monday 4-5pm on Zoom and 3rd Tuesday, 1-2pm on Zoom
- General Caregiver Support Group - at MAS 337 Stephens Ave. No registration required, 4th Thursday, 2-3pm

To Register for Virtual Courses, visit
Community Resource Finder alz.org/crf



June is Alzheimer's and Brain Awareness Month

Visit this [link](#) to learn more about what you can do to raise awareness and get involved. It can be as easy as wearing purple!

The Longest Day is approaching quickly!

We would love to share moments from your day. Please send pictures and comments from your event to Melanie at meawilliams@alz.org so we can share them.

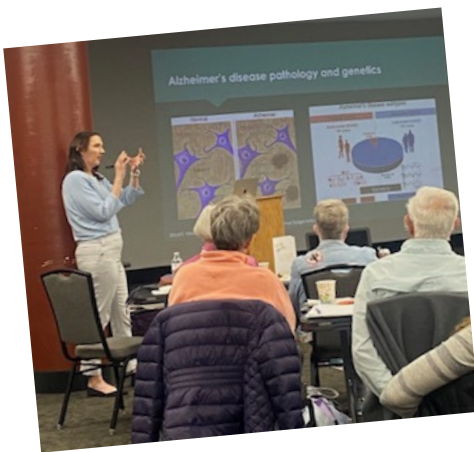
**Register your Walk Team today at
alz.org/walk**





The Great Falls Alzheimer's and Dementia
Workshop

A profitable and rich day with our partners McLaughlin Research Institute, MSU Extension, Great Falls Public Library, Highgate Great Falls and our valued ALZ volunteer and board member, Sue Warren. Thank you to Highgate for the amazing lunch!



Body



Spring



Another Fantastic Workshop - The Butte Alzheimer's and Dementia Resource Workshop

A day filled with excellent speakers and content. Thank you to Dr. Shawna Yates, DO from Southwest Montana Community Health and Kelly Hasquet, PharmD, BCGP. Also the Butte-Silver Bow Archives were gracious hosts providing space for the workshop. Thank you, too, to our valued ALZ volunteer and board member, Julie Bushmaker for leading the workshop and The Springs at Butte who provided the wonderful lunch.



For our first "Why I Walk" spotlight, we are featuring Natalie Paulbeck from Pioneer Care and Rehab in Dillon, Montana. "I walk for my two grandmas. They are front and center, and I am in the back to the left. My grandmas are Annette (left) and June (right) and they were best friends ever since my parents met. They both had dementia, and they both shaped who I am in so many ways. They were positive, smart, creative, funny, and so loving." Natalie

Thank you for sharing! If you haven't signed up for your Walk team, visit alz.org/walk and sign up now. Let's support everyone impacted by this disease and find a cure!



Caregiver Health

Caring for someone with Alzheimer's can be overwhelming, but we have resources to help. As a caregiver, you likely have many responsibilities. It is important to have a support network to take care of your own well-being. Visit this [link](#) to read more.

