**Free Sports Safety Resources**

**Phone Apps that can be Downloaded**

* OSHA Heat Index
* Heads Up Concussion CDC
* Weather Bug
* My Lightning Tracker

**Video Links**

* The Game Plan: Managing On-Field Cervical Spine Injuries
  + <https://youtu.be/yQe83lVD-bg>
* The Game Plan: Sideline Assessment for Suspected Concussion
  + <https://youtu.be/tou7biddi2M>

**Document Resources**

* Montana REAP concussion packet
  + <https://www.umt.edu/integrative-physiology-athletic-training/assets/documents/montana-reap-2020-final>
* NATA Position Statements
  + <https://www.nata.org/news-publications/pressroom/statements/position>
* Korey Stringer Institute
  + <https://ksi.uconn.edu/>
* UW Sports Institute
  + <https://thesportsinstitute.com/>